

# FOLLOW UP OUTCOMES SURVEY

Rendez Vous

## INTRODUCTION

When you first came to see us we asked you some questions about how you were and the effect on you of the issues that you came to us with. We'd like to ask you some follow up questions to find out whether things have changed as a result of coming to see us.

As we said last time you only have to answer the questions that you want to. If you don't want to answer a question you don't have to. We can just skip that one and we can go on to the next question.

The answers that you give won't affect the advice (help) that we give you in any way. Everything you tell us will be confidential. We will use the information that you tell us no one outside of the Rendez Vous staff will know that it came from you.

## 1. YOUR ISSUES

Have you been able to resolve the issues that you came to see us about?

Yes - fully       Yes - partly       No       Don't know

On a scale of 1 to 10 where 1 is not at all related; 5 is quite related and 10 is strongly related, to what extent do you think that resolving your issues is related to the advice (help) that we gave you?

not at all related    1    2    3    4    5    6    7    8    9    10    strongly related

I don't know       I don't want to answer

## 2. YOUR STRESS LEVELS

On a scale of 1 to 5 where 1 is got a lot worse, 3 is no change and 5 is got a lot better, has there been any change to any of the following since you first came to see us?

	No effect	Quite an effect	A lot of effect		
How you spend your day during the week e.g. school, college or work	1	2	3	4	5
How easy you find to relax and get to sleep.....	1	2	3	4	5
How much you drink.....	1	2	3	4	5
How much you take drugs.....	1	2	3	4	5
What you think about.....	1	2	3	4	5
How you feel physically and emotionally.....	1	2	3	4	5
How you look after your eating and fitness.....	1	2	3	4	5
How supported you feel.....	1	2	3	4	5

I don't know       I don't want to answer

# FOLLOW UP OUTCOMES SURVEY

On a scale of 1 to 10 where 1 is not at all related; 5 is quite related and 10 is very strongly related, to what extent do you think that these changes are related to the advice (help) that we gave you?

not at all related

1 2 3 4 5 6 7 8 9 10

very strongly related

I don't know

I don't want to answer

## 3. DEALING WITH YOUR ISSUES

Compared to when you first came to see us how do you think your ability to deal with your issue(s) has changed?

Improved a lot  Improved a little  Not changed  Slightly worse  A lot worse

On a scale of 1 to 10 where 1 is not able to deal with your issues; 5 is quite able to deal with your issues and 10 is totally able to deal with your issues. How would you now rate your ability to deal with your issues on your own?

not able

1 2 3 4 5 6 7 8 9 10

totally able

On a scale of 1 to 10 where 1 is not at all related; 5 is quite related and 10 is very strongly related, to what extent do you think that your ability to deal with your issues on your own is related to the advice (help) that we gave you?

not at all related

1 2 3 4 5 6 7 8 9 10

very strongly related

I don't know

I don't want to answer

## 4. YOUR CONFIDENCE LEVELS

Compared to when you first came to see us how do you think your confidence levels have changed?

Improved a lot  Improved a little  Not changed  Slightly worse  A lot worse

# Follow up of previous survey

Do you think that your confidence in dealing with with any of the following has changed since you came to see us? (Where 1 is not improved much, 3 is improved quite a lot and 5 is improved a lot).

	Not improved much		Improved quite a lot		Improved a lot
Officials at the council, job centre etc.....	1	2	3	4	5
Teachers, doctors etc.....	1	2	3	4	5
People at work, school, college etc.....	1	2	3	4	5
Your neighbours.....	1	2	3	4	5
Your friends.....	1	2	3	4	5
Your family.....	1	2	3	4	5

On a scale of 1 to 10 where 1 is not at all related; 5 is quite related and 10 is very strongly related, to what extent do you think that the changes in your confidence in dealing with these situations level is related to the advice (help) that we gave you?

not at all related

1 2 3 4 5 6 7 8 9 10

very strongly related

I don't know

I don't want to answer

## 5. YOUR LEVEL OF ENTHUSIASM ABOUT YOUR FUTURE

Compared to when you first came to see us how do you think your confidence levels have changed?

Improved a lot  Improved a little  Not changed  Slightly worse  A lot worse

On a scale of 1 to 10 where 1 is not very enthusiastic; 5 is quite enthusiastic and 10 is very enthusiastic how would you rate your thoughts about your future now?

not very enthusiastic

1 2 3 4 5 6 7 8 9 10

very enthusiastic

On a scale of 1 to 10 where 1 is not at all related; 5 is quite related and 10 is very strongly related, to what extent do you think that the changes in your confidence in dealing with these situations level is related to the advice (help) that we gave you?

not at all related

1 2 3 4 5 6 7 8 9 10

very strongly related

I don't know

I don't want to answer

**6. MANAGING YOUR BEHAVIOUR**

Compared to when you first came to see us how do you think your confidence levels have changed?

Improved a lot  Improved a little  Not changed  Slightly worse  A lot worse

Do you think that your ability to manage your behaviour in any of the following situations has improved since you came to see us? (Where 1 is not much at all, 3 is quite a lot and 5 is a lot).

	Not much at all		Quite a lot		A lot
With officials from the council, the job centre, connexions etc.	1	2	3	4	5
With your boss at work, your tutor at college or your tutor or teachers at school etc.....	1	2	3	4	5
Your neighbours.....	1	2	3	4	5
Your friends.....	1	2	3	4	5
Your family.....	1	2	3	4	5
Your landlord.....	1	2	3	4	5
The police.....	1	2	3	4	5

On a scale of 1 to 10 where 1 is not at all related, 5 is quite related and 10 is very strongly related, to what extent do you think that the changes in managing your behaviour is related to the advice (help) that we gave you?

not at all related    1    2    3    4    5    6    7    8    9    10    very strongly related

I don't know     I don't want to answer

**THANK YOU.**

**WE REALLY APPRECIATE YOUR TIME.**